

Turning Point

The phrase [Turning point](#) is often used when change occurs for the better.

It is also the title of a book by Fritjof Capra— a scientist who believes that we are in a time of change in which our world view is becoming more [holistic](#).

The practitioners at [Turning Point](#) believe that, in order to get the best from their therapies, they must treat the patient [holistically](#). This means that not only must they understand the problem which their patient brings to them, but also how that problem came about, and how it may relate to other aspects of that person's health.

All the practitioners are qualified and insured, and follow the code of conduct of their respective professions. They meet regularly to discuss all aspects of the running of [Turning Point Clinic](#). They are required to keep up to date with the requirements of their professions, and attend courses to update and further their training.

Some of the fees that are charged are redeemable through some insurance schemes. Contact the clinic for further information.

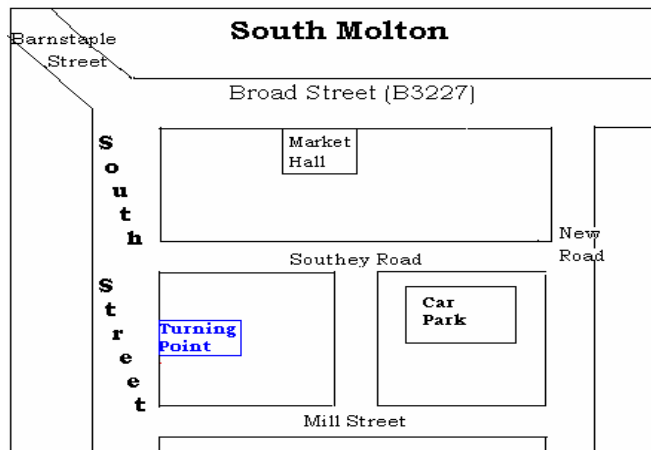


[How To Find Us](#)

[Turning Point Clinic](#) is situated in South Street, a few hundred yards from the town centre (Broad Street).

Parking is available for one hour on South Street. There is a public car park five minutes walk away, in Southley Road.

South Molton is served by bus from Barnstaple and other towns locally.



[For appointments and further information:](#)

[Turning Point Clinics,](#)
[The North Devon Practice](#)

1 Oakland Place,
South Street,
South Molton.
EX36 4AD

Tel.No: 01769 574833
Email: health@turningpointclinics.co.uk
www.turningpointclinics.co.uk

TURNING POINT CLINICS

The North Devon Practice

Centres of Excellence in
Complementary Medicine



Therapy, Training Courses,
Workshops

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South Street,
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Also: The Bath Practice

Tel No: 01225 427835/448993

Directors:

Rosemary Lawrence

Dip BFD.Cert.Clin Hom. Cert.Ed

Jonathan Lawrence

BA DO Cert Ed

Homotoxicology (Progressive Homœopathy)

Rosemary Lawrence

A Biodiagnostic machine is used to test reflex points on the hands and feet that relate to organs in the body. Abnormal readings mean that the target organ is disturbed. A test kit is then used to identify which of the hundreds of remedies would be helpful to correct the disturbance. Each prescription is tailored to the individual.

This technique has helped people with ailments such as irritable bowel syndrome, ME, acute infections, and chronic illnesses like Parkinson's disease.

Rosemary is a trained teacher, who took up a career in complementary health, qualifying in homotoxicology and bio-diagnostics. She has established thriving practices in both North Devon and Bath.

Emotional Freedom Technique

Jacqui Footman

EFT treats negative emotional states in the body which can disrupt the energy meridians of the body and contribute to ill health. Relationship issues, anger management, insomnia, addictions, allergies and chronic fatigue are a few examples of what can be helped with this method.

Jacqui has trained with Gary Craig the founder of EFT and Dr Mark Atkinson. After having managed language departments in schools she now practices EFT part time.

The Feldenkrais Method

Hilary Wills

The Feldenkrais Method is a way of learning about movement, posture and breathing in order to develop full human potential, involving gentle movements to improve physical and mental functioning. It increases the ease and range of movement and improves flexibility and co-ordination.

Its benefits include relief from muscular tension and associated pain, an increased sense of relaxation and well-being, and an ability to breathe more easily and fully.

It is suitable for all ages and abilities.

A trained teacher, Hilary is the only Feldenkrais Practitioner in North Devon.

Shiatsu

Maya Babic

Shiatsu simply means finger pressure. It is a traditional Japanese healing art, often defined as 'oriental massage'. It acts through pressure with thumbs, fingers and palms along the meridians of the human body, improving energy flow, countering the build up of stress, and addressing specific conditions such as back pain, digestive problems and menstrual problems.

Maya completed her training at the British School of Shiatsu in London in 2004, and has moved to Devon to continue her practice.

Osteopathy, Cranial Osteopathy and Training

Jonathan Lawrence

Osteopathy is a system of treatment based on the simple idea that if the structure of the body is not right, then the body will not work properly. Osteopaths use a wide range of techniques in order to correct structural imbalances that can occur in joints, soft tissues or organs. Other problems that can benefit from osteopathy are asthma, sinusitis, adhesions, and colic and glue ear in children.

Jonathan is an experienced osteopath, who has treated a wide variety of patients—including babies, athletes and the elderly. He is also a trained teacher, who has lectured at the European School of Osteopaths, and has run seminars and courses in the UK and abroad for fellow professionals.

Ericksonian Hypnotherapy

Ray McKeever

Ericksonian hypnotherapy is based on the work of Dr Milton Erickson. He found a way to give the 'inner' or unconscious mind more flexibility to make changes in behaviour.

Hypnotherapy offers a safe, effective way of treating many psychological problems. It uses the unconscious mind to help to change unwanted patterns of behaviour and beliefs. It is helpful in reducing anxiety problems.

Ray is a Master Hypnotherapist with a further qualification in Advanced Ericksonian Hypnotherapy. He has a background in healthcare and widespread experience in general and psychiatric nursing.

For further information regarding training, workshops, or about individual therapies, contact the clinic or see the specialist leaflets.