

The Bath Practice will be hosting a series of talks relating to **holistic treatments for children.**

Tues, April 14th 2pm-4pm, Bio diagnostics and homotoxicology.

Book in for a 15 minute "mini check up" with Rosemary Lawrence. See how the bio-diagnostics machine works, ask questions and advice about the remedies.

Tues, 14th April from 2 pm onwards, Natural First Aid for Babies and Children.

Libby Birts, aromatherapist and reflexologist, will be advising on creating a natural first aid kit and have simple recipes for 'children's lip balm', 'nit deterrent/treatment shampoo', 'soothing bath oil for eczema and itchy skins', essential oil blends for diffusing in 'sick rooms' and much more. There will also be Neal's Yard natural baby products available (all profit to go to the Hop Skip and Jump charity).

Fri, 17th April at 2pm, The Causes and Treatment of Infantile Colic.

Osteopath David Hayward will be offering a talk followed by free chats and consultations during the afternoon for those interested in cranial osteopathy.

Weds, 15th April 2-3pm, Treating Babies and Children with Cranial Osteopathy.

Satyen Gadher will be giving a talk on treating babies and children. In particular, he will address colic and traumatic birth and how cranial osteopathy can help.

Tues, 21st April, 6-7pm, Modern Homoeopathy for the family.

Rosemary Lawrence will give a talk and demonstration about homotoxicology and bio-diagnostics, and how it can help with many health issues for all the family.

Weds, 22 April, 7-9pm, Acupuncture & Herbs for Common Children's Illnesses.

The talk will show how effective acupuncture and herbs are for conditions like chronic cough, asthma, eczema, ADD and learning difficulties, sleep disturbances, to name a few. Julian Scott will explain the details of treatment, and what results can be expected. There will be time for questions.

Thurs, 23 April, 6-7pm, Nutrition for Children.

Maria Bez, nutritional therapist, will give a talk on what food children need for good health, foods to limit, those that strengthen the immune system, nutrition for balancing mood and improving concentration, tips on incorporating healthy food into children's meals and alternatives to 'unhealthy' foods. Maria will also cover particular health problems e.g. eczema, constipation, etc. and how dietary modifications can help. There will be a question and answer session and handouts on packed lunch and meal ideas.

All talks will be held at The Bath Practice, 26 Monmouth Street, Bath. If you are interested in attending any of the above talks, please call 01225 427835.

There is a £3 entry fee for all talks which will be donated to the Hop Skip and Jump Charity.